

Teacher Guide/Plan: Introduction to Skills for Success & the first Skill: Adaptability

In this PowerPoint, you will find an introduction to the Skills for Success and the first skill, Adaptability. This guide can be broken up into two separate lessons.

Introduction:

The introduction provides an overview of Skills for Success and lists all nine. Briefly discuss each skill with students, there is a guide provided to help understand the skills; it is labeled as “Skills for Success Descriptions”.

On slide 5, there is an activity to apply the skills; this activity is labeled “Matching Tasks and Skills Handout (1)”.

This handout lists a series of tasks, and the students must associate a skill, or skills, with each task. Once students are finished completing the activity, you may have a class discussion surrounding what skills were chosen by the students.

Breakdown of the lesson:

5 minutes: Slide 2 & 3

5 minutes: Slide 4 – the 9 Skills for Success

10 minutes: Slide 5 - Matching Tasks and Skills Handout

5-10 minutes: Class discussion

=25-30 minutes total

Adaptability:

In this section of the PowerPoint, the skill of Adaptability is explained, as well as it’s importance. Slide 9 is a discussion slide, and acts as an APK (accessing prior knowledge) to determine what students already know.

The first activity is on Slide 10 and is another discussion-based activity to get students thinking about their behaviours. This activity is labeled “Adapting to Change Quiz (2).” It may take some students longer than others to finish, so once they have finished, they can begin working on the activity “Failure is a Learning Opportunity (3).”

Breakdown of the lesson:

5-10 minutes: Slide 9 - APK on Adaptability

5-10 minutes: Slide 10 - Discussion activity

10 minutes: Adapting to Change Quiz (2)

10 minutes: Failure is a Learning Opportunity (3)

=30-40 minutes total