

What happens during a Heart Attack? - Krishna Sudhir

https://www.youtube.com/watch?v=3_PYnWVoUzM

Approximately seven million people around the world die from heart attacks every year. And cardiovascular disease, which causes heart attacks and other problems like strokes, is the world's leading killer. So, what causes a heart attack? Krishna Sudhir examines the leading causes and treatments of this deadly disease.

1. How many deaths occur annually around the world from cardiovascular disease?
 - a. 500,000
 - b. 3 million
 - c. 7 million
 - d. 100 million
2. What are the blood vessels that supply oxygenated blood to the heart called?
 - a. Carotid arteries
 - b. Coronary arteries
 - c. Pulmonary arteries
 - d. Aorta
3. In the hospital, which of the following treatments might be used for a patient with a blocked artery?
 - a. Balloon angioplasty
 - b. Stenting
 - c. Bypass surgery
 - d. All of the above

Discussion Question:

Please respond to the following question and prepare for a whole class discussion.

Heart attacks are often preventable. Can we change our lifestyles sufficiently to reduce the risk of having one to a minimum? How so?